



# The Good Friday Run 5 Miler

May the course Be With You.....

Good Friday April 2<sup>nd</sup> 2010 @ 8.00pm Market Cross Killarney

Enquiries: Catriona 087-2851266

**ENTER ONLINE : [www.thegoodfridayrun.ie](http://www.thegoodfridayrun.ie)**

SUBSTANTIAL GOODY BAG AVAILABLE TO ALL PARTICIPANTS

- Accurately Measured Course
- Chip Timed
- AAI Permit Granted
- Refreshments and Food provided for all participants
- Entertainment
- Kids Mini Race

€400 FOR 1<sup>ST</sup> MALE & FEMALE

Category Prizes/Spot Prizes

Fit For Life Category

[www.thegoodfridayrun.ie](http://www.thegoodfridayrun.ie)

- **Online Entry Closing Date: 23<sup>rd</sup> March 2010**
- **Entry Available On The Day**

**Online Entry: €20**

**Entry Form (Block Capital Letters Please)**

**Name** \_\_\_\_\_ **Mobile** \_\_\_\_\_

**Address** \_\_\_\_\_

**Club/Category** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Male**  **Female**

**Date of Birth:** \_\_\_\_\_

Please Select Category:

Senior  junior  over35  over40  over45

over50  over55  over60  over65  Wheelchair

Please Post Entry Form to: Feet First, 28 High Street, Killarney, Co. Kerry

Cheques made payable to: Feet First